

Preventive Health Screenings by Age*

Vaccinations Disease Screenings Cancer Screenings	Age to Administer (Years)											Frequency		
	0	10	20	30	40	50	60	70	80					
Child and Adolescent Well-Care Screening	6 mos.		21											First 30 months: <ul style="list-style-type: none"> • Six well-child visits with a primary care provider during their first 15 months. • Two well-child visits with a primary care provider in the last 15 months. Children 3–21 years of age: <ul style="list-style-type: none"> • One or more well-care visit with a primary care provider annually.
Flu Vaccine	6 mos.											80+	Everyone ages 6 months and older should get one dose annually. More than one dose may be required based on infant's age.	
Diabetes Screening			18									75	Members with diabetes should have a diabetic eye exam, hemoglobin A1c, and kidney function tests annually at minimum.	
Blood Pressure Screening			18									85	Members with high blood pressure or diabetes need screening annually.	
Follow-Up After Hospital Stay			18+									Follow-up after hospital stay within 30 days.		
Follow-Up After Hospitalization: Those Diagnosed with Chronic Conditions			18+									Follow-up should occur within 7 days.		
Adult Well-Care Visit			21+									One or more well-care visit with a primary care provider each year.		
Colorectal Cancer Screening					45							75	Colorectal cancer screening as follows: <ul style="list-style-type: none"> • Colonoscopy: Every 10 years • CT Colonography: Every 5 years • Stool DNA (SDNA) with Fecal Immunochemical Test (FIT): Every 3 years • Flexible Sigmoidoscopy: Every 5 years • Fecal Occult Blood Test (FOBT): Annually 	

* Ask your doctor which vaccinations and screenings are right for you.

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Chlamydia Screening			16	24								Women ages 16-24 who are identified as sexually active or prescribed birth control should have a chlamydia screening at least once per year.
Cervical Cancer Screening				21					64			Women ages 21-64 should have a cervical cancer screening at least once every 3 years.
Breast Cancer Screening						40				75		Women should have their first mammogram between ages 40 and 50, repeated every 1 to 2 years until 75.
Osteoporosis Screening										67	85	Women who need bone density test or drug treatment for osteoporosis should have their first bone scan at age 65.

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