

WE GET YOU MORE.

24/7 connection to your health

Stay connected to your health through your secure member portal



Update your contact information



View your My Health Pays[®]
reward balance



View, download, and print
your ID card



View your medical information

- Claims
- Health alerts: see the annual screenings you need to complete



Manage how you wish to receive
communication (email or mail)

Two ways to access your health information:



Member.IowaTotalCare.com



[Mobile App](#)



Secure Member Portal

1 Go to Member.IowaTotalCare.com.
Select **Create New Account**.

Log In

Email Address *

[Create New Account](#)

single password reliable security
EntryKeyID

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2 **Creating your own account?**
Enter your email and first/last name.
Creating an account for a dependent?
If you are registered as an authorized contact for the member, please enter your email and first/last name.

Create Your Account

Email Address *

First Name *

Last Name *

Select Language Preference *

[Need to become a registered authorized contact for a member? Complete the **Authorized Representative Designation Form** \(iowatotalcare.com/member-forms\).](#)

CONTINUE

CANCEL

Already have an account? [Log In](#)

4 **Create a password** to complete setting up your account.

Create Your Account

Set Password

Enter a password and confirm it.

Password *

Confirm Password *

Confirming your password is required.

A strong password must:

- Have a minimum of 12 characters
- Include all of the following:
 - One uppercase letter
 - One lowercase letter
 - One number
 - One special character (Example: &, \$, !, *)

SET PASSWORD

CANCEL

5 Once password is set, select **Login**. After logging in, it is time to register your account.

Success

Your password has been reset. Login to your account.

LOGIN

Need Help? [Contact us](#)

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Mobile App

- You should receive an email with a code to **Verify your email**. Enter the code into the **Create your Account** screen.

- Enter your information. Your Member ID can be found on your ID card. Select **Submit**.

Registering an account for a dependent? Enter the dependent's member ID and date of birth. Select the "I am a caregiver for this member" box and then **Submit**.

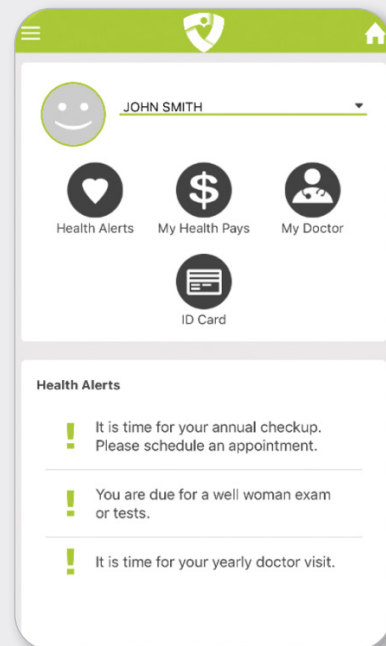
- Download the Iowa Total Care app from the [App Store](#) or [Google Play](#).



Or scan the QR code to download.

- Enter your member portal username and password. Select **Log In**. If you don't have a member portal account, follow steps 1-6 shown at the left.

- You can now use the mobile app.





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