



Brought to you by: iowa total care...

In partnership with Viva Ottumwa International Festival

YOU'RE INVITED!

Date: Saturday, September 7

Time: 11 a.m. – 1 p.m.

Place: Quincy Place Mall

1110 N Quincy Ave.

Ottumwa, Iowa 52501



Be Well. Eat Well.
An Iowa Total Care Initiative. Visit iowatotalcare.com/bewelleatwell for more resources.

JOIN US FOR:



Helpful information on community & health resources — and more!



Tips from a Hy-Vee dietician and free recipes!



Fresh, free produce (while supply lasts)!



Free baby supplies!

Partner organization:

