Pregnancy Quick Reference Guide for Providers

Iowa Total Care is committed to achieving the best health outcomes for members during and after their pregnancy. This reference guide is designed to help you better understand the specifications for HEDIS® measures used to close care gaps and obtain information about programs and resources to support you and your patients.

SUPPORTING YOUR CARE

Prenatal Care

The member's first prenatal visit should occur within the first trimester (by the end of 13th week of pregnancy) or within 42 days of enrollment with Iowa Total Care. A visit with a registered nurse will **not** meet compliance. The visit must be with the following care provider types with a documented diagnosis of pregnancy:

- Midwife.
- Obstetrician/Gynecologist.
- Prenatal care provider.
- Primary care provider.

Postpartum Care

The member's postpartum visit with a care provider must occur on or between 7 and 84 days after the baby is delivered to close the HEDIS® measure. This visit is an opportunity to:

- Screen the mother for depression, anxiety, substance use, etc.
- Discuss family planning (18-month spacing between pregnancies) and contraception.

Using the following codes can reduce the need for chart reviews. Include the following postpartum visit codes when you submit your claims:

- CPT®/ CPT® Category II codes: 57170, 58300, 59430, 99501, 0503F
- Healthcare Common Procedure Coding System (HCPCS) code: G0101
- ICD-10 diagnosis codes: Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.

Notification of Pregnancy Form (NOP)

A Notification of Pregnancy Form (NOP) is an assessment that identifies pregnant members, collects risk information, and automatically enrolls members into the Start Smart for Your Baby®(SSFB) program. It also aids in establishing relationships between the member, provider, and health plan staff which lead to better maternal and health outcomes. It is recommended to complete the form during the first prenatal visit and submit electronically through our secure provider portal (provider.iowatotalcare.com) or fax to **1-833-257-8323**. Faxable forms are available on our manuals, forms & resources webpage (iowatotalcare.com/providers/resources/forms-resources). Our SSFB care managers will review the form and use it to support the provider and member during and after the pregnancy.

Provider Coding Incentive: Initial Prenatal Visit

Iowa Total Care is now offering a $50 provider coding incentive for a member's initial prenatal visit within the first trimester.

- Claims must be submitted with the appropriate CPT® Category II code identifying the initial prenatal visit date: CPT® code 0500F (initial prenatal care visit) or CPT® code 0501F (prenatal flow sheet documented in medical record by first prenatal visit).
- This incentive payment is in addition to your current contract rate. Incentive payments are made at the time of claims payment.
- Please report the initial prenatal visit with the appropriate CPT® Category II code and date of service for the visit on a separate claim on the date of the first prenatal visit or on the same claim as the global maternity billing.

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MEMBER PROGRAMS & RESOURCES

Start Smart for Your Baby®

Start Smart for Your Baby (SSFB) promotes education and communication with pregnant members to ensure a healthy pregnancy and first year of life for their babies. SSFB offers a range of care management techniques to extend the gestational period and reduce the risks of pregnancy complications, premature delivery, and infant disease which can result from high-risk pregnancies. The program provides educational materials as well as incentives for going to prenatal, postpartum, and well child visits.

Potential participants are identified through claims data, eligibility data, and a completed notification of pregnancy (NOP) form, which can be accessed via the secure provider portal (provider.iowatotalcare.com).

Interpretation Services

Iowa Total Care offers language access services to members with limited English proficiency by way of in-person and over-the-phone interpretation services. In-person interpretation services can be scheduled for future appointments; over-the-phone interpretation services are available for immediate assistance. Iowa Total Care offers these services free of charge. To schedule these services, please fill out our form online (iowatotalcare.com/providers/resources/language-services).

Access2Care (Transportation)

Transportation services are available for non-emergency rides to and from healthcare locations, including doctor or therapy visits. Call **1-877-271-4819** at least 48 hours prior to the appointment.

My Health Pays®

This program rewards member fulfillment of healthy activities such as completing the NOP form and attending preventive care appointments. Members can utilize their cards at Walmart and Hy-Vee and to help pay for other items such as utilities and more. Additional information about this program is available on our website (iowatotalcare.com/myhealthpays).

Early Periodic Screening, Diagnosis and Treatment (EPSDT)

The EPSDT *Care for Kids* program promotes regular well-child, preventive health visits. The program can help care providers identify medical, developmental, and social-emotional concerns in children and adolescents younger than 21. Additional information for this program is available on our website (iowaepsdt.org).

ConnectionsPlus®

Members may receive a free phone allowing them to make and receive calls and text messages from providers, nurse advice line, and health plan personnel as well as other preprogrammed contacts. Program information is available online (iowatotalcare.com/members/medicaid/benefits-services/value-adds).

Health and Wellness Resources

Members can access wellness and emotional support online: (iowatotalcare.com/members/Medicaid).

24/7 Nurse Advice Line

Our nurse advice line is ready to answer health questions 24 hours a day. To speak with a registered nurse, members can call **1-833-404-1061 (TTY: 711).**