

Learn how to make  
**Apple Spiders**



by



### INGREDIENTS

- 2 large apples, any variety
- 4 tablespoons Hy-Vee natural creamy peanut butter, divided
- 32 Hy-Vee mini pretzel sticks
- 8 Hy-Vee raisins

### INSTRUCTIONS

1. Slice apples into ½-inch circles. Spread 1 tablespoon peanut butter between two apple slices and add 4 mini pretzel stick legs to each side of apple.
  2. If desired, finish with raisins for eyes and mouths.
  3. Repeat with remaining ingredients.
- Serves 4.



Recipe source: <https://www.hy-vee.com/recipes-ideas/recipes/apple-spiders>

To learn more, visit [www.iowatotalcare.com](http://www.iowatotalcare.com).



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